



WHY PULSE?



Celebrating 23 years in business, Pulse Dance Works Inc. is a family operated and oriented dance school providing excellence in dance education in Markham, Ontario. Pulse offers a variety of dance class options from ages walking & up, and provides high end dance education with results! From Full-Time Competitive, Part-Time Competitive, Pre-Competitive, Recreational and Adult classes, there's a perfect program for everyone!

WHAT MAKES PULSE UNIQUE:

- Only studio in Markham that breaks down the Recreational Program by age AND level of ability! This means that your child receives high quality personable instruction with goal setting and results that cater to their age AND level of ability! We do not group beginners with experienced dancers just because of their age.
- More value for your money with small class sizes to ensure a personable and fun learning environment where your child can thrive, feel comfortable and progress.
- Longer class durations than other recreational programs in Markham, with no upcharge. Allowing for proper warm up, developing skills and learning choreography without the rush! (1hr classes for ages 6yrs +, not 30 or 45 minutes).
- Specially designed "Early Childhood" programs for Parent & Tot Ages walking-24months, Boogie Babies for Ages 2-3yrs, Micro Hip Hop for Ages 3-5yrs AND Kinder Kids for Ages 4-5yrs, that not only instill positive dance foundations, but are attuned to their different stages of development; helping to build motor skills, coordination and confidence.
- All students receive one on one guidance and individual goal setting to achieve incredible results!
- Well-structured, nurturing and encouraging classes where everyone is treated equally and with respect.
- High end dance education and personable instruction, not just a "follow the teacher" environment.
- Curriculum in place, followed by all faculty, to ensure that students develop and progress with no confusion or conflicting teaching methods, resulting in quicker advancement during the dance season.
- All faculty members are highly qualified and accredited adult professionals, with both industry and studio experience, ensuring excellence in dance education and no "kids, teaching kids".
- All classes include a safe warm up, proper dance terminology, explanation of basic anatomy and muscle groups being used, dance foundation, technique and musicality.
- Dancers will have fun learning dance combinations and routines to be performed in our annual dance Showcase (in the late spring), as well as other performance opportunities throughout the year.
- Health and Safety is always a priority, and we have many protocols in place.

JOIN OUR AWARD WINNING DANCE FAMILY!

REGISTER & CONTACT US TODAY to book your spot in our Summer Sessions and/or to register for Season #23 (Sept '24-June '25 Classes)! We can't wait to discuss with you, and your child, all that Pulse has to offer.

FEEL THE PULSE!



PULSE DANCE WORKS INC.

Address: 158 Anderson Avenue, Unit 6 Markham, ON L6E 1A9 **Tel:** 416-899-9916

E-Mail: pulsedanceworks@gmail.com **Website:** www.pulsedanceworks.com





PARTICIPATION INFORMATION FORM

(May 2024 – June 2025)

Hello and thank you for your interest in trying out a complimentary class at Pulse Dance Works Inc. as we proudly celebrate our 23rd year anniversary!

In order to observe and/or partake in one of our classes, please fully read through and complete BOTH forms, Page 3 & 4.

We will need you, the legal guardian of the Participant/Observer, to print and complete the following **“Participation Form”** and **“Agreement Form”** and e-mail it to pulsedanceworks@gmail.com at least 24hours **BEFORE** your class takes place so we can prepare for your arrival. As well we also require these **original signed documents upon your arrival.**

IMPORTANT Without your e-mailed and original signed documents, your child will be unable to attend, even to observe.

HEALTH & SAFETY PROTOCOLS (subject to change):

- Please read through **ALL** of our “Health & Safety protocols” on our website at www.pulsedanceworks.com Health & Safety tab, **BEFORE** you visit our facility. Ensure to refresh and clear cache and cookies each time you visit our website to ensure you are viewing the most up to date information.
- 1 Parent per child/dancer under the age of 8years, must wait in the lobby for the full duration of your child's complimentary class in case your child, or the instructor, needs you for any reason.
- No food or drink is allowed except water in a closed and leak free bottle.

WHAT TO WEAR:

- Comfortable clothes that you can easily move in (fitted t-shirt or tank top with leggings or track pants)
- Bare feet or proper dance shoes (NO dancing in socks or outdoor shoes allowed due to safety reasons)
- Hair is to be tied back in a secure pony tail

REGISTRATION:

- Registration is ongoing all year round. The dance season runs from Sept-May with a yearend dance recital “Showcase” followed by weekly evening summer classes and summer camp. We also offer Private classes and dance class 8, 10 or 12 week sessions that run parallel to our seasonal weekly classes (no recital performance).
- “Early Bird” Registration with discounts takes place in late May/early June. Check our website for details and Open House Registration dates, or contact us for more information.

Thank you for your understanding and cooperation.

We look forward to dancing with you soon 😊

Sincerely,

Nadine N. Varga & Rachel M. Lepera-Martelle / Studio Directors

Pulse Dance Works Inc.



PARTICIPATION INFORMATION FORM

(May 2024 – June 2025)

PARTICIPATION / OBSERVATION FORM

Complete and Return this page to Pulse

PLEASE LIST THE FULL NAME OF YOUR FRIEND WHO DANCES AT PULSE: _____

PLEASE LIST THE SPECIFIC DANCE CLASS(ES) YOU WILL BE PARTAKING IN WITH YOUR FRIEND FROM PULSE:

Today's Date: _____

PARTICIPANT/OBSERVE NAME: _____

Age: _____ Date of Birth: _____
(mm/dd/yyyy)

Mailing Address: _____ City/Town: _____ Postal Code: _____

Parent #1 Name: _____ Parent #2 Name: _____

Parent #1 Phone: _____ Parent #2 Phone: _____

Parent #1 E-mail: _____ Parent #2 E-mail: _____

Medical Conditions: No Yes (please list below medical conditions, allergies, emotional/behavioral characteristics): _____

Prior Dance Experience: None Danced at Pulse # of years: _____ Other (Please list details below):

-What dance studio(s) do you or did you previously train at:

-Which styles of dance have you study & how many years of training for each dance discipline: _____

How did you hear about us?: Website Street Sign Board Festival Instagram Facebook

Walked/Drove By Referred By: _____ Other: _____

AGREEMENT FOR PARTICIPATION

I give full permission for my child to attend a dance class with a friend who is currently enrolled at Pulse Dance Works Inc. I understand and agree to adhere to all of the content stated therein, specifically all policies, important information, cancellation of classes/termination policy, fees and payment information, disciplinary action and dress code. I understand that the "Agreement" page from the information package I have received, reviewed and understand, must be signed with my original signature in order to complete my registration and have my child observe and partake in classes at Pulse Dance Works Inc. I also understand that dance and acrobatics classes involve some degree of risk of strain or bodily injury. In addition I understand and agree to the following: From this day forward, by signing this registration form on behalf of myself, the named student and whomever I have drop off/pick up/accompany and/or enter the Pulse Dance Works Inc. facility, I fully release Pulse Dance Works Inc. and Nadine N. Lepera-Varga, Rachel M. Lepera-Martelle, Domenic Lepera, all teachers, assistant teachers, additional staff and volunteers from all and any liability actions, negligence; including injuries of any kind, allergic reactions, illness, disabilities, death and/or lawsuits from any kind of activity (including, but not limited to dancing, acrobatics/gymnastics, group outings (outside of the studio), entering/waiting/exiting the facility, eating/drinking etc.), food/drink and/or travel and/or participation relating to/from Pulse Dance Works Inc. programs including inside studio and outside studio classes, activities, workshops, competitions, performances, dance parties, yearend showcase/recital and events, group outdoor walks at summer camp. Pulse Dance Works Inc. will in no way be held responsible for any lost/stolen or damaged articles. I agree to notify Pulse Dance Works Inc., in writing, should any of the above information change. I also agree to grant Pulse Dance Works Inc. permission to utilize photos and videos taken at Pulse Dance Works Inc. and/or during online Pulse Dance Works Inc. classes, or another named venue/location on behalf of Pulse Dance Works Inc., and/or at Pulse Dance Works Inc. yearend Showcase and/or at dance competitions Pulse Dance Works Inc. partakes in, of the above named student/participant for promotional use at no charge today or hereafter & without any financial obligations to Pulse Dance Works Inc. I will not defame Pulse Dance Works Inc., Instructors, Staff, Volunteers and Members in any way nor for any reason. I warrant that the participant named on this form is physically able to participate in all dance forms and/or acrobatics/gymnastics and/or aerobics and/or Zumba. I agree to be responsible for reading all studio correspondence and respecting deadlines. All of the information I have provided to Pulse Dance Works Inc. on this registration form is truthful and accurate.

PARENT NAME (Print): _____ **SIGNATURE:** _____ **DATE:** _____



PARTICIPATION INFORMATION FORM

(May 2024 – June 2025)

AGREEMENT FORM - Complete and Return this page to Pulse

AGREEMENT: From this day forward, I (including myself, my child/dancer, and any of my family member(s) or personal friend(s) who enters/exits the Pulse Dance Works Inc. facility/premises for any reason including to drop off, wait and/or pick up my child(ren)/dancer(s)) agree that Pulse Dance Works Inc., Nadine N. Varga, Rachel M. Lepera-Martelle, Domenic Lepera, and staff/volunteers, and Others, will not be held liable nor responsible in any way for any illness, injuries, disabilities, death or lost/stolen/damaged articles today or in the future for any reason. I understand and agree to all of the registration information, important information listed and all policies and procedures including health and safety, terms and conditions including fees and payment in which I am allowing my child to partake in. I also understand that Hip Hop Music, although edited to remove extreme profanity and be as age appropriate as possible, may still contain mature subject matter and possible adult content. I also agree to grant Pulse Dance Works Inc. and any dance competitions or events I partake in on behalf of Pulse Dance Works Inc., permission to utilize photos and videos taken at Pulse Dance Works Inc. in-studio and/or virtual classes and/or at a Pulse Dance Works Inc. yearend Showcase and/or at dance competitions and/or events Pulse Dance Works Inc. partakes in, of the above and below named student/participant/observer for any kind of promotional use (including social media platforms) at no charge today or hereafter & without any financial obligations to Pulse Dance Works Inc. I agree that I will not defame Pulse Dance Works Inc., Instructors, Staff, Volunteers and Members in any way nor for any reason now or in the future.

AWARENESS AND ASSUMPTION OF RISK (whether observing and/or partaking):

I am aware that all forms of dance, acrobatics/gymnastics, stretch and conditioning, aerobics and Zumba involve risks including vigorous physical exertion, strenuous cardiovascular workouts and rapid movements, body strain, personal injury (whether partaking and/or observing), illness, death, property damage, expense and related loss, including loss of income. Included in these risks are negligence on the part of Pulse Dance Works Inc., its directors, instructors, class assistants, guest instructors, volunteers, other participants and owners of facilities where Pulse Dance Works Inc. related activities may take place inside and/or outside of Pulse Dance Works Inc. facility (example: dance competitions, theatres etc.). I freely accept and fully assume all such risks and the possibility of personal injury, illness, death, property damage, expense and related loss, including loss of income.

RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT:

1. I agree to waive any and all claims that I may have today and/or in the future against Pulse Dance Works Inc. and Others including dance classes, dance recital dance competitions and/or dance events attended.
2. I agree to release Pulse Dance Works Inc. Nadine N. Varga, Rachel M. Lepera-Martelle, Domenic Lepera and Others from any and all liability for any personal illness, injury, death, property damage, expense and related loss, including loss of income that I or my next of kin may suffer as a result of entering the Pulse Dance Works Inc. facility and/or participation in this activity dance/gymnastics/acrobatics/stretch and conditioning/Fitness and Zumba class, due to any cause whatsoever, including negligence, breach of contract or breach of any statutory care or health and safety.
3. I agree to hold harmless and indemnify Pulse Dance Works Inc. and Others including dance recitals and competitions attended, from any and all liability for any damage to property of, or personal injury to, any third party, resulting from participation in this activity.
4. I agree that this agreement is binding on not only myself, but my next of kin, heirs, executors, administrators and assigns.

PARTICIPANT CONSENT AGREEMENT:

1. I warrant that the participant named on this form is physically able to observe and/or participate in all dance forms including dance/gymnastics/acrobatics/stretch and conditioning/Fitness and Zumba.
2. I declare that I have accurately disclosed all information regarding physical, emotional and or mental health conditions affecting the named participant and acknowledge that this information may be used by Pulse Dance Works Inc. and Others to use in the delivery of a dance/gymnastics/acrobatics/stretch and conditioning/Fitness and Zumba program.
3. I understand that Pulse Dance Works Inc. has tried to create a safe and controlled environment for observation and/or participation and that the studio has established rules for observation and/or participation in and about the lobby, coatroom, and classroom studios that must be followed by the participant and their guardian(s) (all ages). I understand that failure to comply may result in the immediate suspension or termination of observation and/or participation at Pulse Dance Works Inc., and my child and I will be asked to leave the Pulse Dance Works Inc. facility and the full 158 Anderson Avenue location/complex.
4. Pulse Dance Works Inc. reserves the right to immediately expel any parent and/or student with or without warning and with no compensation for bullying of any kind, posing a safety risk to others (to patrons students, staff or facility) including barging into classrooms while class is in progress, vandalism/damage to Pulse Property/Facility/Personal Belongings, not following our Health & Safety Policy and/or poor class behavior including, but not limited to discourteous, aggressive, combative and disrespectful behavior towards Others including staff, volunteers, peers and other members of Pulse Dance Works Inc.; and/or not being sober; and/or having a strong scent of cannabis/alcohol/tobacco.
5. I hereby give permission for emergency medical treatment to be administered to the named participant in the event of an emergency.
6. It is understood that whenever reasonably possible, relatives will be contacted and informed of the problem, diagnosis, treatment required and anticipated medical results.
7. I hereby, where applicable, give permission for myself (19yrs or older) or my child (or person to whom I am the legal guardian) to participate and/or observe in dance/gymnastics/acrobatics/stretch and conditioning/Fitness and Zumba classes.

I HAVE FULLY READ THIS AGREEMENT AND UNDERSTAND IT COMPLETELY AND ALL OF THE POLICIES & TERMS. I AM AWARE THAT BY SIGNING THIS DOCUMENT ON BEHALF OF MY FAMILY, MYSELF AND MY CHILD/DANCER, WHETHER SIGNING ONLINE AND/OR ON ACTUAL PAPER, I AM WAIVING CERTAIN RIGHTS WHICH I OR MY NEXT OF KIN, HEIRS, EXECUTORS, ADMINISTRATORS AND ASSIGNS MAY HAVE AGAINST PULSE DANCE WORKS INC. AND OTHERS. I ALSO AGREE NOT TO DEFAME PULSE DANCE WORKS INC. IN ANY WAY.

I agree that in the event that I file a lawsuit against Pulse Dance Works Inc. and/or Pulse Dance Works Inc. Staff & their Families and/or Volunteers and/or Others, I will do so solely in the Province of Ontario and further agree that the substantive law of the Province of Ontario will apply without regard to conflict of law rules, and I will be responsible for all legal fees for Pulse Dance Works Inc. and/or Pulse Dance Works Inc. Staff & their Families and/or Others may incur.

This contract is governed by the laws of the City of Markham and York Region, Ontario, Canada.

Signed this _____ day of _____, 20____.
(day) (month) (year)

Name of Student/Participant (print clearly)

Name of Parent or Legal Guardian of Student/Participant (print clearly)

Signature of Parent or Legal Guardian or Adult Student/Participant (19 years old +)